



Parent/Child Cell Phone Contact

This is a cell phone contract between _____ (Child's Name) and _____ (Parent's Name).

A cell phone is a privilege and comes with certain responsibilities. The following rules are required to maintain this privilege. They are for your safety and because I love you. In return, I promise to help and support you whenever you need me.

Child's Responsibility:

- I will hand over my phone to you whenever you ask to see it.
- I understand that you will review my incoming and outgoing texts and messages regularly.
- I realize that everything I do on my cell phone is public and will not say anything that I wouldn't be okay with other people seeing.
- I will remember "The Golden Rule" and not send or forward messages that might hurt someone's feelings.
- I will not send embarrassing photos or texts about myself or others.
- I will not use my phone to take embarrassing pictures of others
- I will get permission from my friends before I post pictures of them.
- I will put my device to bed at _____ p.m.
- I will not send messages to my friends after _____ p.m..
- I will handle any conflict with others in-person and not through text message.
- I will not go over our monthly data or cell phone plan and if I do will pay the extra charges.
- I will turn my phone off in public places (movies, restaurants, library, church, etc.)
- I will not bring my phone to the dinner table.
- I will follow my school's rules about cell phones.
- I will keep my phone charged and know where it is at all times.
- I will answer your calls and texts right away.
- I will not communicate with strangers.
- I will only accept friend requests and followers on Social Media from friends and family.
- I will show you right away if I receive any upsetting messages.
- I realize that my cell phone is a privilege that can be taken away if I don't follow these rules.

Child's Signature

Parent's Signature